

## Healthy Homes for Healthy Kids

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[www.HealthyHomesCoalition.org](http://www.HealthyHomesCoalition.org)

## Learning Objectives

Participants will:

- Be able to identify licensing requirements pertaining to health hazards within the home.
- Have a basic understanding of how to assess their homes for the following health hazards:
  - ✓ Lead-based paint
  - ✓ Carbon monoxide
  - ✓ Radon
  - ✓ IAQ
  - ✓ Pests
  - ✓ Pesticides
  - ✓ Accidents
- Be able to identify resources to help reduce hazards.



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- Name.
- City where your center is located.
- Identify an issue of environmental concern to you.

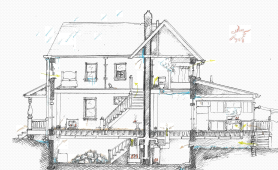


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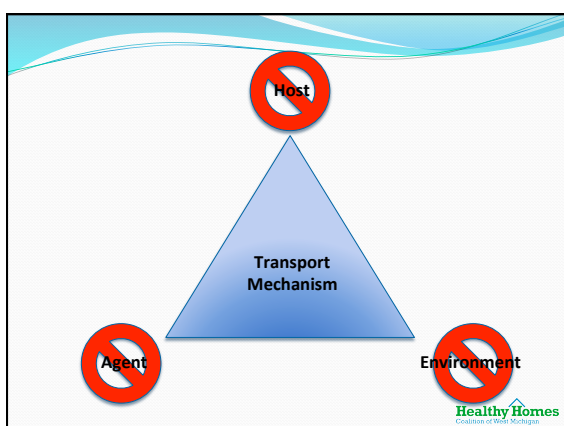
## The House as a System

### 7 Steps to keeping a healthy home.

1. Start with people
2. Keep it Dry
3. Keep it Ventilated
4. Keep it Clean
5. Keep it Pest-free
6. Keep it Safe
7. Avoid contaminants



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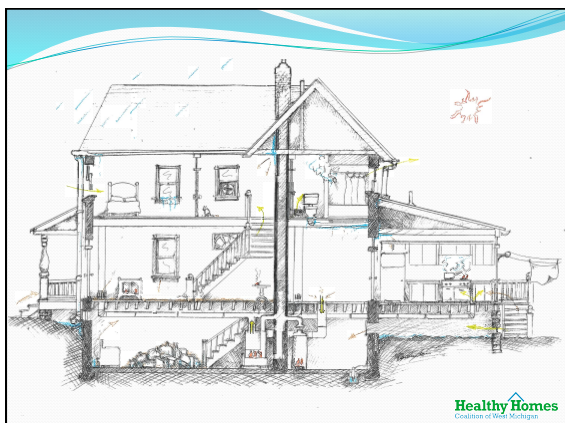


## Start with People



*What are some ways that you, your staff, children or their parents can interfere with a healthy home?*

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## LEAD: Assessing Your Home



1. Visual assessment
2. Dust sampling
3. Inspection / Risk Assessment

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## LEAD: Assessing Your Home

### Visual assessment

1. Open your windows and look inside.
2. Inspect exterior painted surfaces.
3. Inspect soil.
4. Inspect interior painted surfaces.



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## LEAD: Prevention

- Shoes off at the door.
- Maintain painted surfaces.
- Consider window replacement.
- Lead-safe cleaning practices.
- Lead-safe work practices.



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## IAQ: Assessing Your Home



- Second-hand smoke (ETS)  
Radon  
Carbon Monoxide  
Asthma triggers and allergens
- Fragrances
  - Mold & mildew
  - Dust mites and other pests
  - Pet dander

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## IAQ: Prevention

- No smoking  
Test for radon  
Install carbon monoxide detector  
Reduce sources of air contamination
- Keep it dry
  - Keep it clean
  - Keep it ventilated
  - Keep it pest-free



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## Pests: Assessing Your Home

- Access
- Food
- Water
- Harborage (a home inside a home)



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## Pests: Prevention

- Eliminate access  
Remove 2 out of 3:
- Food
  - Water
  - Harborage
- Non-toxic traps



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## Resources for Providers

### Lead

- City of Grand Rapids
- State of Michigan
- Healthy Homes Coalition  
CLEARCorps

### Carbon Monoxide

- Local rehab programs
- Healthy Homes Coalition



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## Resources for Providers

### Radon

- KCHD
- Healthy Homes Coalition

### Asthma

- Asthma Network of West Michigan
- Local rehab programs



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## Green Cleaning Cards

[www.healthykidsgr.org/  
uploads/  
GreenCleaningFinal.pdf](http://www.healthykidsgr.org/uploads/GreenCleaningFinal.pdf)



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## Questions & Answers

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